

**康寧學校財團法人康寧大學114學年度**  
**護理健康學院 日間學士班 長期照護學系 修業科目表**

民國114年04月09 日校課程委員會會議訂定

| 科目類別        | 科目中文名稱                     | 科目英文名稱                                       | 學分數 | 時數 | 第一學年<br>114 |    |     |    | 第二學年<br>115 |    |     |    | 第三學年<br>116 |    |     |    | 第四學年<br>117 |    |     |    | 備註 |
|-------------|----------------------------|--|-----|----|-------------|----|-----|----|-------------|----|-----|----|-------------|----|-----|----|-------------|----|-----|----|----|
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| 校定必修：2學分    | 健康產業概論                     | Introduction to Health Industry              | 2   | 2  |             |    |     |    |             |    | 2   | 2  |             |    |     |    |             |    |     |    |    |
|             | 小計                         |  | 2   | 2  | 0           | 0  | 0   | 0  | 0           | 0  | 2   | 2  | 0           | 0  | 0   | 0  | 0           | 0  | 0   | 0  |    |
| 院定必修：2學分    | 健康照護創新與應用                  | Health care innovation and application       | 2   | 2  |             |    |     |    |             |    |     |    | 2           | 2  |     |    |             |    |     |    |    |
|             | 小計                         |  | 2   | 2  | 0           | 0  | 0   | 0  | 0           | 0  | 0   | 0  | 2           | 2  | 0   | 0  | 0           | 0  | 0   | 0  |    |
| 一般科目必修：34學分 | 一般通識                       | General knowledge                            | 16  | 16 | 4           | 4  | 4   | 4  | 2           | 2  | 4   | 4  | 2           | 2  |     |    |             |    |     |    |    |
|             | 體育（一）                      | Physical Education ( I )                     | 2   | 2  | 2           | 2  |     |    |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 體育（二）                      | Physical Education ( II )                    | 2   | 2  |             |    | 2   | 2  |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 體育（三）                      | Physical Education ( III )                   | 2   | 2  |             |    |     |    | 2           | 2  |     |    |             |    |     |    |             |    |     |    |    |
|             | 英文閱讀（一）                    | English reading ( I )                        | 2   | 2  |             |    |     |    | 2           | 2  |     |    |             |    |     |    |             |    |     |    |    |
|             | 英文閱讀（二）                    | English reading ( II )                       | 2   | 2  |             |    |     |    |             |    | 2   | 2  |             |    |     |    |             |    |     |    |    |
|             | 英語聽講（一）                    | English Listening ( I )                      | 1   | 1  | 1           | 1  |     |    |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 英語聽講（二）                    | English Listening ( II )                     | 1   | 1  |             |    | 1   | 1  |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 英語聽講（三）                    | English Listening ( III )                    | 1   | 1  |             |    |     |    | 1           | 1  |     |    |             |    |     |    |             |    |     |    |    |
|             | 英語聽講（四）                    | English Listening ( IV )                     | 1   | 1  |             |    |     |    |             |    | 1   | 1  |             |    |     |    |             |    |     |    |    |
|             | 國文                         | Chinese                                      | 2   | 2  |             |    | 2   | 2  |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 資訊科技與程式設計                  | Information Technology and Programming       | 2   | 2  | 2           | 2  |     |    |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 小計                         |  | 34  | 34 | 9           | 9  | 9   | 9  | 7           | 7  | 7   | 7  | 2           | 2  | 0   | 0  | 0           | 0  | 0   | 0  |    |
| 專業必修：26學分   | 長期照護概論                     | Introduction of long-term care               | 2   | 2  | 2           | 2  |     |    |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 人體解剖生理學概論                  | Introduction of human anatomy and physiology | 2   | 2  | 2           | 2  |     |    |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 溝通和情緒管理                    | Communication and emotions management        | 2   | 2  | 2           | 2  |     |    |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 心理學                        | psychology                                   | 3   | 3  | 3           | 3  |     |    |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 基本照護實務與實驗                  | Basic long-term care practice and experiment | 2   | 4  |             |    | 2   | 4  |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 基本照護實習                     | Basic long-term care practice                | 2   | 6  |             |    |     |    | 2           | 6  |     |    |             |    |     |    |             |    |     |    |    |
|             | 社會福利概論                     | Introduction to Social Welfare               | 3   | 3  |             |    |     |    |             |    | 3   | 3  |             |    |     |    |             |    |     |    |    |
|             | 社會個案工作                     | social case work                             | 3   | 3  |             |    |     |    |             |    |     |    | 3           | 3  |     |    |             |    |     |    |    |
|             | 進階長期照護實習(一)                | Advanced long-term care practice (1)         | 2   | 6  |             |    |     |    |             |    |     |    | 2           | 6  |     |    |             |    |     |    |    |
|             | 方案設計與評估                    | program planning and evaluation              | 3   | 3  |             |    |     |    |             |    |     |    |             |    | 3   | 3  |             |    |     |    |    |
| 失智症照護       | Dementia care              | 2  | 2   |    |             |    |     |    |             |    |     |    |             |    |     | 2  | 2           |    |     |    |    |
|             | 小計                         |  | 26  | 36 | 9           | 9  | 2   | 4  | 2           | 6  | 3   | 3  | 5           | 9  | 3   | 3  | 2           | 2  | 0   | 0  |    |
| 專業選修：64學分   | 銀髮族體適能評估                   | Functional physical fitness evaluation       | 2   | 2  | 2           | 2  |     |    |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 運動養成方案                     | Physical Exercise Development Project        | 2   | 2  | 2           | 2  |     |    |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 心理健康促進方案                   | Mental Health Improvement Project            | 2   | 2  |             |    | 2   | 2  |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 慢性疾病與用藥安全                  | Chronic disease and medication safety        | 3   | 3  |             |    | 3   | 3  |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 另類療法與實作                    | alternative medicine and practice            | 2   | 2  |             |    | 2   | 2  |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 筋膜舒緩與保健                    | Fascia relaxation                            | 2   | 2  |             |    | 2   | 2  |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 銀髮族運動設計與處方                 | Exercise for the elderly                     | 2   | 2  |             |    | 2   | 2  |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 認知與生活                      | Cognitive function in daily living           | 2   | 2  |             |    | 2   | 2  |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 心理健康服務方案                   | Well-Being Service Project                   | 2   | 2  |             |    | 2   | 2  |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 服務學習志工方案                   | Service-Learning Volunteer Project           | 2   | 2  |             |    | 2   | 2  |             |    |     |    |             |    |     |    |             |    |     |    |    |
|             | 芳香輔療與實作                    | Aromatherapy and practice                    | 2   | 2  |             |    |     |    | 2           | 2  |     |    |             |    |     |    |             |    |     |    |    |
|             | 藝術療法與實作                    | Art therapy and practice                     | 2   | 2  |             |    |     |    | 2           | 2  |     |    |             |    |     |    |             |    |     |    |    |
| 桌遊設計與實作     | Board game for the elderly | 2  | 2   |    |             |    |     | 2  | 2           |    |     |    |             |    |     |    |             |    |     |    |    |

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| 專業選修：64學分 | 園藝輔療與實作        | Horticultural therapy                                     | 2   | 2  |             |    |     |    | 2           | 2  |     |    |             |    |     |    |             |    |     |    |    |
|           | 舞動治療與實作        | Dance therapy and practice                                | 2   | 2  |             |    |     |    | 2           | 2  |     |    |             |    |     |    |             |    |     |    |    |
|           | 家庭動力學          | Family dynamics   | 2   | 2  |             |    |     |    | 2           | 2  |     |    |             |    |     |    |             |    |     |    |    |
|           | 認知訓練方案         | Cognition Training Project                                | 2   | 2  |             |    |     |    | 2           | 2  |     |    |             |    |     |    |             |    |     |    |    |
|           | 社會學            | sociology   | 3   | 3  |             |    |     |    | 3           | 3  |     |    |             |    |     |    |             |    |     |    |    |
|           | 社會工作概論         | Introduction to Social Work                               | 3   | 3  |             |    |     |    | 3           | 3  |     |    |             |    |     |    |             |    |     |    |    |
|           | 健康促進-健康促進與衛生教育 | Health promotion - health promotion and health education  | 2   | 2  |             |    |     |    | 2           | 2  |     |    |             |    |     |    |             |    |     |    |    |
|           | 專業倫理-長期照護與倫理   | Professional ethics - Long-term care and ethics           | 2   | 2  |             |    |     |    | 2           | 2  |     |    |             |    |     |    |             |    |     |    |    |
|           | 人類行為與社會環境      | Human Behavior and Social Environment                     | 3   | 3  |             |    |     |    | 3           | 3  |     |    |             |    |     |    |             |    |     |    |    |
|           | 口腔保健與實務        | Oral prophylactic care and practice                       | 2   | 2  |             |    |     |    |             |    | 2   | 2  |             |    |     |    |             |    |     |    |    |
|           | 長期照護活動設計       | Long-term care activity design                            | 2   | 2  |             |    |     |    |             |    | 2   | 2  |             |    |     |    |             |    |     |    |    |
|           | 中醫養生與保健        | The health and self-care by Traditional Chinese Medicine  | 2   | 2  |             |    |     |    |             |    | 2   | 2  |             |    |     |    |             |    |     |    |    |
|           | 高齡餐飲設計與實作      | Diet design and practice for the elderly                  | 2   | 2  |             |    |     |    |             |    | 2   | 2  |             |    |     |    |             |    |     |    |    |
|           | 長期照護需求評估與應用    | Assessments and applications of need in long-term care    | 2   | 2  |             |    |     |    |             |    | 2   | 2  |             |    |     |    |             |    |     |    |    |
|           | 高齡健康評估與實驗      | Health assessment and experiment for the elderly          | 2   | 2  |             |    |     |    |             |    | 2   | 2  |             |    |     |    |             |    |     |    |    |
|           | 健康識能樂活方案       | Health Literacy and LOHAS Project                         | 2   | 2  |             |    |     |    |             |    | 2   | 2  |             |    |     |    |             |    |     |    |    |
|           | 自立支援與能力回復實驗    | Self-supporting and reablement experiment                 | 2   | 4  |             |    |     |    |             |    | 2   | 4  |             |    |     |    |             |    |     |    |    |
|           | 社會心理學          | Social Psychology   | 3   | 3  |             |    |     |    |             |    | 3   | 3  |             |    |     |    |             |    |     |    |    |
|           | 身心障礙照顧概論       | Introduction of the care for the people with disabilities | 2   | 2  |             |    |     |    |             |    |     |    | 2           | 2  |     |    |             |    |     |    |    |
|           | 創意創新創業講座       | Seminars on Creativity, Innovation, and Entrepreneurship  | 2   | 2  |             |    |     |    |             |    |     |    | 2           | 2  |     |    |             |    |     |    |    |
|           | 長照個案研討         | Case studies in long-term care                            | 2   | 2  |             |    |     |    |             |    |     |    | 2           | 2  |     |    |             |    |     |    |    |
|           | 長期照護實務工作概論     | Introduction of long-term care practice in fieldwork      | 2   | 2  |             |    |     |    |             |    |     |    | 2           | 2  |     |    |             |    |     |    |    |
|           | 長期照護個案管理與實務    | Case management and practice in long-term care            | 2   | 2  |             |    |     |    |             |    |     |    | 2           | 2  |     |    |             |    |     |    |    |
|           | 專業團隊實務運作       | Team work in long-term care                               | 2   | 2  |             |    |     |    |             |    |     |    | 2           | 2  |     |    |             |    |     |    |    |
|           | 輔具科技與復能照護      | Assistive technology and reablement                       | 2   | 2  |             |    |     |    |             |    |     |    | 2           | 2  |     |    |             |    |     |    |    |
|           | 長照實用日文(一)      | Practical Japanese in long-term care 1                    | 2   | 2  |             |    |     |    |             |    |     |    | 2           | 2  |     |    |             |    |     |    |    |
|           | 長照實用方言(一)      | Practical dialect in long-term care 1                     | 2   | 2  |             |    |     |    |             |    |     |    | 2           | 2  |     |    |             |    |     |    |    |
|           | 長照實用英文(一)      | Practical English in long-term care 1                     | 2   | 2  |             |    |     |    |             |    |     |    | 2           | 2  |     |    |             |    |     |    |    |
|           | 社會團體工作         | Social Group Work   | 3   | 3  |             |    |     |    |             |    |     |    | 3           | 3  |     |    |             |    |     |    |    |
|           | 社會統計           | Social Statistics   | 3   | 3  |             |    |     |    |             |    |     |    | 3           | 3  |     |    |             |    |     |    |    |
|           | 長照實用日文(二)      | Practical Japanese in long-term care 2                    | 2   | 2  |             |    |     |    |             |    |     |    |             | 2  | 2   |    |             |    |     |    |    |
|           | 長照實用方言(二)      | Practical dialect in long-term care 2                     | 2   | 2  |             |    |     |    |             |    |     |    |             | 2  | 2   |    |             |    |     |    |    |
|           | 長照實用英文(二)      | Practical English in long-term care 2                     | 2   | 2  |             |    |     |    |             |    |     |    |             | 2  | 2   |    |             |    |     |    |    |
|           | 疾病膳食營養與保健      | Disease, nutrition, and diet in long-term care            | 2   | 2  |             |    |     |    |             |    |     |    |             | 2  | 2   |    |             |    |     |    |    |
|           | 長期照護經營管理與品質    | Management and quality control in long-term care          | 2   | 2  |             |    |     |    |             |    |     |    |             | 2  | 2   |    |             |    |     |    |    |
|           | 長期照護政策與法規      | Policies and regulations in long-term care                | 2   | 2  |             |    |     |    |             |    |     |    |             | 2  | 2   |    |             |    |     |    |    |
|           | 生活照護空間規劃與設計    | Living space planning and design in healthcare            | 2   | 2  |             |    |     |    |             |    |     |    |             | 2  | 2   |    |             |    |     |    |    |
|           | 社區資源整合與應用      | Community resource integration and application            | 2   | 2  |             |    |     |    |             |    |     |    |             | 2  | 2   |    |             |    |     |    |    |

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|------------|-------------|---|---------------------|----|-------------|----|-----|----|-------------|----|-----|----|-------------|----|-----|----|-------------|----|-----|----|-----|--|
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| 專業選修：64學分  | 藝術創新商品方案    | Art and Innovation Commodity Project        | 2                   | 2  |             |    |     |    |             |    |     |    |             |    | 2   | 2  |             |    |     |    |     |  |
|            | 社區工作        | community work                              | 3                   | 3  |             |    |     |    |             |    |     |    |             |    | 3   | 3  |             |    |     |    |     |  |
|            | 社會福利行政      | social welfare administration               | 3                   | 3  |             |    |     |    |             |    |     |    |             |    | 3   | 3  |             |    |     |    |     |  |
|            | 社會工作實習（一）   | Social Work Field Work（一）                   | 3                   | 12 |             |    |     |    |             |    |     |    |             |    | 3   | 12 |             |    |     |    |     |  |
|            | 社會工作研究法     | Methods of Social Work Research             | 3                   | 3  |             |    |     |    |             |    |     |    |             |    | 3   | 3  |             |    |     |    |     |  |
|            | 資料統計分析      | Basic statistics and data analysis          | 2                   | 2  |             |    |     |    |             |    |     |    |             |    |     |    |             | 2  | 2   |    |     |  |
|            | 非營利組織管理     | Nonprofit Organization Management           | 3                   | 3  |             |    |     |    |             |    |     |    |             |    |     |    |             | 3  | 3   |    |     |  |
|            | 長期照護行銷管理    | Marketing management in long-term care      | 2                   | 2  |             |    |     |    |             |    |     |    |             |    |     |    |             | 2  | 2   |    |     |  |
|            | 睡眠醫療科技與照護   | Sleeping technology and health care         | 2                   | 2  |             |    |     |    |             |    |     |    |             |    |     |    |             | 2  | 2   |    |     |  |
|            | 睡眠醫療科技實習    | Internship in sleeping technology           | 1                   | 1  |             |    |     |    |             |    |     |    |             |    |     |    |             | 1  | 1   |    |     |  |
|            | 銀髮旅遊規劃與設計   | Travel planning and design for the elderly  | 2                   | 2  |             |    |     |    |             |    |     |    |             |    |     |    |             | 2  | 2   |    |     |  |
|            | 長期照護產業參訪與講座 | Long-term care industry visits and lectures | 2                   | 2  |             |    |     |    |             |    |     |    |             |    |     |    |             | 2  | 2   |    |     |  |
|            | 安寧照護        | Hospice care                                | 2                   | 2  |             |    |     |    |             |    |     |    |             |    |     |    |             | 2  | 2   |    |     |  |
|            | 科技創新商品方案    | Technology and Innovation Commodity Project | 2                   | 2  |             |    |     |    |             |    |     |    |             |    |     |    |             | 2  | 2   |    |     |  |
|            | 社會工作管理      | Social Work Management                      | 3                   | 3  |             |    |     |    |             |    |     |    |             |    |     |    |             | 3  | 3   |    |     |  |
|            | 生命繪本製作      | Creation of Autobiographical Portraits      | 2                   | 2  |             |    |     |    |             |    |     |    |             |    |     |    |             |    |     | 2  | 2   |  |
|            | 長期照護專題研討    | Seminar                                     | 3                   | 3  |             |    |     |    |             |    |     |    |             |    |     |    |             |    |     | 3  | 3   |  |
|            | 社會政策與社會立法   | Social Policy and Social Legislation        | 3                   | 3  |             |    |     |    |             |    |     |    |             |    |     |    |             |    |     | 3  | 3   |  |
|            | 進階長期照護實習(二) | Advanced long-term care practice (2)        | 6                   | 24 |             |    |     |    |             |    |     |    |             |    |     |    |             |    |     | 6  | 24  |  |
|            | 社會工作實習（二）   | 二）  | 3                   | 12 |             |    |     |    |             |    |     |    |             |    |     |    |             |    |     | 3  | 12  |  |
|            |             | 微學分(一)                                      | Micro Course( I )   | 1  | 1           | 1  |     |    |             |    |     |    |             |    |     |    |             |    |     |    |     |  |
|            |             | 微學分(二)                                      | Micro Course( II )  | 1  | 1           | 1  |     |    |             |    |     |    |             |    |     |    |             |    |     |    |     |  |
|            |             | 微學分(三)                                      | Micro Course( III ) | 1  | 1           | 1  |     |    |             |    |     |    |             |    |     |    |             |    |     |    |     |  |
|            |             | 微學分(四)                                      | Micro Course( IV )  | 1  | 1           | 1  |     |    |             |    |     |    |             |    |     |    |             |    |     |    |     |  |
| 各學期建議選修學分數 |             |   |                     |    | 2           | 2  | 7   | 7  | 6           | 6  | 11  | 13 | 8           | 8  | 11  | 11 | 9           | 9  | 9   | 9  |     |  |
| 合計         | 各學期必修學分數    |   |                     |    | 18          |    | 11  |    | 9           |    | 12  |    | 9           |    | 3   |    | 2           |    | 0   |    | 64  |  |
|            | 各學期選修學分數    |   |                     |    | 2           |    | 7   |    | 7           |    | 11  |    | 8           |    | 11  |    | 9           |    | 9   |    | 64  |  |
|            | 各學期總學分數     |   |                     |    | 20          |    | 18  |    | 16          |    | 23  |    | 17          |    | 14  |    | 11          |    | 9   |    | 128 |  |
|            | 各學期總時數      |   |                     |    | 20          |    | 20  |    | 19          |    | 25  |    | 21          |    | 20  |    | 11          |    | 36  |    | 172 |  |

※畢業總學分數需修滿128學分（必修65學分，專業選修至少64學分）

※教務相關規定

- 1.大學1-3年級每學期修讀不得少於15學分，不得多於25學分。
- 2.大學4年級每學期修讀不得少於9學分，不得多於25學分。
- 3.「一般通識課程」依每學期實際所開之科目。
- 4.各學年選修課程學分均予採計。
- 5.除專業選修課程外，得跨系選修課程，其學分數可列計畢業選修學分，惟以12學分為上限。
- 6.「學生畢業前應符合本系學生畢業門檻實施要點之規定」。

※歷次通過會議之名稱與日期：

民國114年03月24日系課程委員會會議訂定